



# DanceCincinnati

## Your Cincy Dance Connection

United States Amateur Ballroom Dancer's Association of Cincinnati

Issue 12, May 05



### Instructor interview

I am always honored to be asked to teach the lesson at DanceCincinnati (USABDA, Cincinnati chapter) dance once a year. I get the opportunity to teach for the Bluegrass chapter once a year as well.

As many of you have been in my classes over the years, it is a delight to see the level of amateur ballroom dancing improve as time goes on. Of course many of you know me as an instructor, but I am first the mother of an 11 year old son named Jeremy. No, he is not a dancer (yet)! I am waiting for the day when he is about to go to the school dance and I hear, "Mom, my friends and I want to know how to do this..."

I have been teaching now for about 13 years and directing the independent dance studio Step-N-Out for 10. Dancing continues to evolve and I like to think that we do too as dancers and instructors. I cannot imagine myself at this stage of my life doing anything else and I take pride in providing quality instruction at Step-N-Out for the dance public. In fact, the studio has become more like a center for partner dance study. We promote all styles including DanceSport, West Coast Swing, Argentine Tango, Lindy Hop, Salsa and all other social styles.

I teach American and International styles of Ballroom and compete actively Pro-Am in those styles with several of my male students. I also

# May Dance

**May 21**

**Instructor: Doreen Beatrice**

**DE: Tony Rinkus**

**Lesson 8-9pm : Rumba**

**Evendale Recreational Center**

perform dance exhibitions with students and professionals at events throughout the year. The amateur couples who I teach, participate in such activities as well including Dancefest in which I am one of the organizers. One of the most exciting things lately is that I was invited to accompany a team to participate in the Mayor's Cup Dance Competition in Kharkiv, Ukraine. Cincinnati is the sister city with Kharkiv, so Rodie and Pam Radermacher will represent Greater Cincinnati dancing in the International Standard Style Senior division. I accepted the invitation to judge some of the divisions and was very honored to represent the Greater Cincinnati and the U.S. and make my international judging debut at the event from April 22nd thru 24th, 2005. Rumba or another spelling, Rhumba is the "dance of love". It has its musical roots in Afro-Cuban rhythms. It is our slow, fluid and romantic Latin dance. There are different styles of Rumba and I will be teaching the Latin American Rhythm style of Rumba. Although I teach and dance most ballroom dances, Rumbas is one of my favorites. The music is beautiful and the dance is full of expression with its full, dynamic movements.

## It's Official Now!

**The Cincinnati Chapter of USA Dance (formerly USABDA) is now DanceCincinnati.**

Look inside for upcoming changes to the newsletter and website! We are your connection to ballroom dancing in the tri-state!



# June Dance

June 18

**Instructor: Terry Cavanaugh**

**DE: Jack Meinking**

**Lesson 8-9pm: Waltz**

**Evendale Recreational Center**

**Background:** My wife and I own a studio in Dayton, Ohio called Elegance In Dance. We are located near the Dayton Mall on Kingsridge Drive. I started teaching dance in 1980. I am certified through Gold Bar in American and International styles of dance as well as Theatre Arts. My wife and I competed in American Nine Dance Championships ( Smooth & Rhythm ) and Theatre Arts. We have competed all over the United States and Canada. As one of the fastest Rising Stars we placed Fourth in the American Nine Dance Championships, Finalist in the Canadian Open Rhythm Championships, American Star Ball, Harvest Moon Championships, Indiana Challenge, The Great Race, Nevada Star Ball and the Ohio Star Ball just name a few. We have appeared on ESPN, CESP, GTV and PBS Championship Ballroom Dancing. We were the principle dancers in Frank Reagan's American Dance Montage and have done tours in Japan and South America. We stopped competing on a full time basis when our son started school. But we still compete in Showdance competitions and in Theatre Arts. We now compete with our students around the nation and are very proud of all of them. However the thing I am most proud of is my wife Angie and son Michael.

**What are you most proud of in your Ballroom Dance Career?** Boy there's a lot to choose from. Dancing in the American Dance Montage, the Japan Show, the South America Tour, being a finalist in the Canadian American Championships (the USBC of Canada), appearing on 'Championship Ballroom Dancing' and all the competitions we won. But probably just being able to do a job that I love is the best. .

**If you could dance with a famous dancer in history – who would that be and why did you choose that person?** This person isn't fa-

mous, but it would be my father. There is a song by Luther Vandross called ' Dance With My Father' which pretty much tells my childhood. My father used to go dancing at Old Coney. He told me how they would dance to Benny Goodman, Artie Shaw and all the big bands. He was the first person to teach me to dance. The lyrics of the song are 'If I could have another chance another dance, I'd play a song that would never ever end, how I'd love to dance with my father again'. I picked my father just so I could thank you.

**What advice can you give to New dancers about Waltz?** The Waltz is one of easiest dances to learn. The steps can be carried over to Fox Trot, Rumba and Samba. The dance develops great balance and control. Take your time to learn rise and fall, dance posture and a good dance position. These will stay with you your entire dance career.

**What advice can you give to more experienced dancers about Waltz?** Don't get stuck dancing only Silver and Gold school figures. Keeping your Bronze figures fresh allows you to dance with anyone, which is the goal of most dancers. For the advanced male dancers, don't try to impress a lady by dancing her through your most advanced steps. Dance only the steps that she knows, that will impress her even more.

**Describe the Waltz Dance Attitude and characteristics.** The Waltz was the original 'dirty dance' and banned by the church for 300 years. It was developed after horse movements. The names of steps even refer to this i.e. develope, horse & cart and canter step. The Waltz is the traditional wedding dance because it takes 50/50 from each partner to make the dance work, just like a marriage. The major character of the dance is rise and fall. Anyone who thinks of ballroom dance automatically thinks of the Waltz.

# Member Focus



**Susan Hoffheimer**

**DanceCincinnati Board Member**

*By Joan Daniel*

**When and how did you first become interested in ballroom dancing?** I was helping my daughter get a gift wrapped at a department store and saw a flyer from a local dance studio offering four introductory lessons. I talked my husband into trying it and I was hooked. I am shy and it was difficult for me to overcome that and feel comfortable dancing in front of others. However, I really enjoyed the mental and physical challenges of learning the steps and I enjoyed seeing people enjoying themselves so.

**What is your favorite dance(s)?** My favorites are the foxtrot, bolero, and tango.

**Tell us something about your family?** Very shortly after I met my present husband, he saw me dance in an exhibition. When he asked me, when would he get to dance with me, well, it just melt my heart. Poor guy, little did he know how much dancing he would end up doing!. My husband and I have five children between us and one grandchild – so far. The kids know we are crazy about dancing.

**Where do you work?** I have been retired from teaching for two years. I taught in public schools for 31 years.

**What do you like best about being a member of DanceCincinnati?** I really appreciate having a place to do the dances I love so much. Latin dancing is available many places, but if you are hooked on smooth, finding a dance is much more difficult. Now that I am a member of the board and have gotten a look behind the scenes, I am very impressed and grateful to the people who have been making the dances and this organization work so well and so long.

**Please share something our members may not know about you.** I have competed in three competitions. I found the experience frightening but felt it really did wonders for my confidence, esteem, and my dancing.

# Newsletter Changes

Hopefully by now you have been enjoying the changes in the DanceCincinnati Newsletter. The newsletter staff has worked very hard to give you information that is not only timely but useful and interesting. Sometimes this balance is hard to achieve. In the age of right now information availability, we have decided to make some changes.

Starting this month, the newsletter is going to be printed and mailed every other month - you will have two months of dance news in one issue. And depending on how much content we have, it may expand to 8 pages. Months before the dances at music hall, you will receive a reminder about the dances.

For more current information, we urge to be a frequent visitor of DanceCincinnati.org. We hope you will utilize both to find out what is going on with our organization and where best to dance in Cincinnati.

*editor, Susan Cappa*

## DanceCincinnati Family Album

Can you identify the little tropical beauty below? Go to the website under My DanceCincinnati to the family album and find out who is our ballroom ballerina!



Email your pictures to [www.newslettereditor@dancecincinnati.org](mailto:www.newslettereditor@dancecincinnati.org) with a caption identifying yourself.



# DanceCincinnati Website

The DanceCincinnati Staff is working sooooo hard to develop a useful, informative tool for our organization. If you think this is an easy task, you only have to ask members of the website committee or go look at the site for yourself. I think you will be pleased at the new developments.

We like to view the website as both up-to-date and historical. You will find information posted weekly and also archival pictures and articles that are important for club continuity. In other words pretty soon you will be able to read weekly updates from

other dance organizations and studios etc. and/or browse through an album of past performances of the Music Hall Balls.

Since the newsletter will not be coming out as frequently, we encourage you to add [www.dancecincinnati.org](http://www.dancecincinnati.org) to your favorites list and check it frequently.

Of course we are always in need of ideas and help so comments and suggestions are welcome. You can also check in with Scott Peterson or Susan Cappa at the dances with your requests.

## New Features.....

- DanceNews - weekly email postings by studios and dance clubs
- Dancin' Round Town - archived articles
- Dance Diva - archived articles
- Social Dance page
- Instructor Interviews - archived articles

## Coming This Year....

- Pro Gallery - photo gallery of Music Hall performers from 1991 to present
- Social Dance Gallery - photo gallery of members and guest at regular dances
- Credit Card Option - pay for Music Hall tickets / membership online
- Custom Artwork - line drawings by Kym Preston

## DanceCincinnati 2005 Dance Schedule

<u>Date</u>	<u>Venue</u>	<u>Lesson</u>	<u>Instructor</u>	<u>DJ</u>
Apr 9	GOC	Bolero	Terry Cavanaugh	Jack Meinking
Apr 23	ERC	WC Swing	Mary Ramirez-Cook	Jack Yaus
May 21	ERC	Rumba	Doreen Beatrice	Tony Rimkus
Jun 18	ERC	Waltz	Terry Cavanaugh	Jack Meinking
Jul 16	ERC	Tango	Staff, Always Ballroom	Terry Cavanaugh
Jul 30	ERC	Samba	Karen Turner - Arth.Murray	Jack Meinking
Aug 13	ERC	Samba	Tracy Kellum	Jack Yaus
Sep 17	ERC	EC Swing	Jeff Bill	Tony Rimkus
Oct 8	GOC	Lead/Follow	Larry May	Jack Meinking
Oct 29	CMH	No Lesson		Jack Meinking
Nov 12	ERC	Foxtrot	Piper Landis	John Bramhall
Dec 10	CMH	No Lesson		Jack Yaus

**ERC** - Evendale Recreation Center, 10500 Reading Road (just north of Glendale-Milford Road, 513-563-2247 Group Lesson 8-9 PM,  
General Dancing 9-11:30 PM (Subject to change) Admission: \$7 for members, \$10 for non-members, \$3 for full-time students and all persons under 21

**GOC** - Greek Orthodox Church, 7000 Winton Road (between North Bend Rd. and Galbraith Rd.) 513-591-0030 Schedule and admission prices - same as ERC

**CMH** - Cincinnati Music Hall, 1300 Central Parkway, Downtown Cincinnati Doors open at 7 PM, General Dancing 8 PM - Midnight Admission: \$20 for members, \$25 for non-members; \$5 late fee applies to both \$10 for full-time students and all persons under 21 (no late fee)

## 2005 DanceCincinnati Board Members

President: Pamela Neveu  
Vice President: Pat Hoffman  
Secretary: Barb Alvarez  
Treasurer: Karen Schulte  
Outreach Chair: Vicki Begley  
YCN Coordinator: Gary Neiheisel  
Newsletter Editor: Susan Cappa  
Webmaster: Scott Peterson  
Telephone Coordinator: Calvin Pauley

Admissions Chair: Kevin Kock  
Ticket Chair: Marcia Nugent -McKenna  
Hospitality Chair: David Slaughter,  
Refreshments and Decorations Chair:  
Registrar: Bob Peare  
Scheduling Chair: Vivian Cosio  
Event Photographer: Tony Hou  
Promotions Chair: Susan Hoffheimer

### Want to Communicate to the Board?

All comments and suggestions are welcome by the DanceCincinnati board. You can reach us on [www.dancecincinnati.org](http://www.dancecincinnati.org) and then going to the My DanceCincinnati link. All of the board members and their bios are listed along with an email address for your comments. Want to VOLUNTEER - we need your help. Just contact us or talk to us at a dance - help is always needed.

### Newsletter Staff

Susan Cappa, Sherry Borchelt, Vicki Kluener-Mathews, Gary Neiheisel, Joan Daniel, Carl Bixel, Kym Preston, Christy Bacon

### Next Board Meeting

Wednesday, June 8, 7pm at Scott Peterson's house. You can email him at [webmaster.dancecincinnati.org](mailto:webmaster.dancecincinnati.org). All members are welcome to attend.

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Information and items of interest are welcome. In order to be considered for inclusion in the newsletters send requests by email to:

[newslettereditor@dancecincinnati.org](mailto:newslettereditor@dancecincinnati.org).



**DanceCincinnati**

P.O. Box 40151

Cincinnati, OH 45240

Information Line: 513-769-3088

**[www.dancecincinnati.org](http://www.dancecincinnati.org)**

Change Service Requested

**Check out DanceNews on [www.dancecincinnati.org](http://www.dancecincinnati.org)**

## What Do Judges Look For In Competitors?

Adjudicators make a decision on ranking couples in less than 90 seconds! They are the “Incredibles” of dance - the Champions who have experienced the best (and, sometimes the worst) of the ballroom dance industry.

Judges look for couples who have charisma and confidence from the moment they enter the dance floor until they take their bow and exit the floor. They assess couples in relation to other couples on the floor.

Dan Radler, registered World Class Adjudicator is a former North American, United States, and Eastern U.S. Champion, as well as U.S. Ten-Dance Champion. Per Mr. Radler, the experienced judge, having seen and studied dancing at all levels, can quickly assess the following factors collectively:

- **Posture** – one of the most important aspects. Good posture makes you look elegant and exude confidence. It improves balance and control, and allows your partner to connect well to your body in the smooth dances.
- **Timing** – if a couple is not dancing on time with the music, no amount of proficiency in any other aspect can overcome this. The music is boss.
- **Line** – the length and stretch of the body from head to toe. Attractive and well-executed lines, either curved or straight, enhance the shapes of the figures.
- **Hold** – the correct and unaffected positioning of the body parts in closed dancing position. For instance, the line of the man’s arms should be unbroken from elbow to elbow. Also, there should be symmetry of the man’s and woman’s arms coming together to form a circle, which although changing in size, should remain constant in shape so that the dancers remain in correct body position relative to each other. The silhouette of the couple should always be pleasing.
- **Poise** – in smooth dancing, the stretch of the woman’s body upwards and outwards and leftwards into the man’s right arm to achieve balance and connection with his frame, as well as to project outward to the audience.

➤ **Togetherness** – the melding of two people’s body weights into one, so that leading and following appear effortless, and the dancers are totally in synchronization with each other.

➤ **Musicality and Expression** – the basic characterization of the dance to the particular music being played and the choreographic adherence to musical phrasings and accents. For instance, in foxtrot, the stealing of time from one step to allow another to hover; or a quick speed of turn in an otherwise slow rumba; or the snap of a head to suddenly freeze and then melt into slowness in tango.

➤ **Presentation** – does the couple sell their dancing to the audience? Do they dance outwardly, with enthusiasm, exuding their joy of dancing and confidence in their performance? Or do they show strain and introversion?

➤ **Power** – energy is exciting to watch. In jive, it always seems to be the most energetic couple that wins this dance. But the energy must be controlled, not wild. Powerful movement is an asset in waltz or foxtrot, but only if it is channeled into the correct swing of the body, and not just by taking big steps.

➤ **Foot & Leg Action** – the stroking of the feet across the floor in foxtrot to achieve smoothness and softness; the deliberate lifting and placing of the feet in tango to achieve a staccato action; the correct bending and straightening of the knees in rumba to create hip motion; the extension of the ankles and pointing of the toes of the non-supporting foot to enhance the line of figure; the sequential use of the four joints (hip, knee, ankle, and toes) to achieve fullness of action and optimal power.

➤ **Shape** – the combination of turn and sway to create a look or a position. In Paso Doble, does the man create the visual appearance of maneuvering the cape? Does the lady simulate the billowing flow of the cape through space?

➤ **Lead & Follow** – does the man lead with his whole body instead of just his arms? Does the lady follow effortlessly?

➤ **Floorcraft** – this refers not only to avoiding bumping into other couples, but the ability to continue dancing without pause when boxed in.

➤ **Intangibles** – how a couple look together, whether they fit emotionally, their neatness of appearance, costuming, flow of choreography, and basically whether they look like dancers.

According to Mr. Radler, judges have different predilections in what they want to see and weight these factors differently. Any one of the many factors listed above could be responsible and influence how you are marked. Given two or more technically equal couples, the judges will look at other aspects of the dancing, like musicality, feeling, and expression. The use of a panel of experts usually insures that the end result is the correct and equitable one. Bottom and top line, judges are looking for good dancing!!

**Dayton  
Dancing**

**Arbor Hall** -  
2150 Arbor Blvd. Dayton, OH.  
Ballroom Dancing 8:00PM - 11:00PM.  
\$10 per person.

**76 Dance Club.**  
June 4th, Tony Rimkus

**Dancetonian Dance Club**  
June 11, Tony Rimkus

**Swing N Sway Dance Club.**  
May 28, Tony Rimkus

## Local Studios

### A-Mrika

Sharonville -  
Mary Ramirez-Cook 769-0409

### Always Ballroom

Elizabeth Apesos - 937-256-2626  
alwaysballroom@aol.com  
[www.alwaysballroom.com](http://www.alwaysballroom.com)

### Arthur Murray

Florence, Ky  
Karen Turner - 859-371-1151  
amdstudio@aol.com  
[www.florencearthurmurray.com](http://www.florencearthurmurray.com)

### Bernice DuBro Dance

East Dayton  
Bernice DuBro  
(937) 435-9099 or 254-6442  
artmay@aol.com calsn.net/bdance

### Brockert Dance Studio

Bonita Brockert  
(513) 851-8101 geneb@one.net

### Copacabanna

Fairfield, Cinti Mills  
[www.Copacabanna.com](http://www.Copacabanna.com) 513-719-7200

### Danse Royale Ballroom

West Chester  
Veronica Rocco (Homme) (513) 779-0500  
DanseRoyaleBallroom@fuse.net  
[www.danseroyaleballroom.com](http://www.danseroyaleballroom.com)

### Dance Club

Withamsville -  
Jeff Bill 753-5265

### Elegance In Dance

Miamisburg  
Terry & Angie Cavanaugh (93) 885-0108  
acavanaugh@earthlink.net

### Golden City Ballroom

Kettering Town Center  
Vitali & Irina Kozheva - 937-643-4050

### Larry May Dance Studio

Dayton/Cincinnati  
Larry May 937-219-4612

### Mahogany Hall

Evendale  
Nancy Farrell (513) 769-3262  
nancysbk@fuse.net

### Rhythm in Motion

Tracy Kellum (513) 688-1662

## Dancin'



## Round Town

by the Discerning Dancer - Gary Neiheisel

If one thinks of seismic activity, the significance of the name is evident when one enters and sees a miniature volcano and a tropical setting. In reality it might be better used to describe what happened to the interior of the place when it changed ownership and entertainment emphasis. This nightclub was previously known as The Cadillac Ranch. It had nice padded booths, small cozy tables with comfortable chairs, a tiled floor, and a reasonably clean dance floor. It now has a cement floor, a few tall wobbly tables with uncomfortable high stools, a usually dirty dance floor, and a clueless management that controls the music played by the DJ. The location is in Sharonville at 11974 Lebanon Road (Route 42) about ¼ mile north of the I 275 Route 42 exit. It is in the rear of a small strip mall called the Crystal View Plaza.

The Cadillac Ranch became famous to the dance community throughout the 1990s when the Bop Club established it as the site of its weekly Tuesday night dances. A swing dance lesson from 7-8PM was part of the normal agenda. In 1999 the Bop Club decided to move its meeting location to Jim and Jack's On The River (see the April newsletter for a report on Jim and Jack's) because its membership demographics suggested a meeting spot nearer to the southwest side of the city. By this time enough of the dance community that lived nearer the north end of the city continued to go to Cadillac Ranch on Tuesday nights that it remained a popular dance spot. In late 1999 the original man-

agement of Cadillac Ranch decided to also offer couples dance music on Sunday nights and this author was approached to teach the accompanying dance lesson. This schedule of Sunday and Tuesday nights as couples dance nights has continued with the new management and name change to Quake. Dance lessons are still provided on Tuesday and Sunday nights from 7-8PM. In contrast to the Cadillac Ranch which had provided live Country & Western music on Friday and Saturday nights, Quake now caters to a very young crowd (teens and early 20's) on Friday and Saturday nights with Rap and Hip Hop music. This emphasis is partly responsible for the downgrade in the interior of the nightclub.

This month  
**QUAKE**

The best things that can be said for Quake are that the dance floor is relatively large (~1500 square feet), the DJ is good, and there are nice folks that go there to dance on Sundays and Tuesdays. However, it should be noted that the DJ is instructed by the management to play only certain music. Requests are generally discouraged until late in the evening when management's attention span has been exceeded. The cover charge is \$3/person after 8PM. If one comes for the lesson at 7PM, the cover is \$5.

Food is not available. There is a good variety of beers, a few by-the-glass wine selections, and a moderate choice of mixed drinks.

Overall Rating (scale 1-5):



### Step-N-Out

Covington-  
Doreen Beatrice  
stepnoutstudio.com

### The Best of Ballroom

Blue Ash  
Piper Landis (513) 984-6222  
thebestofballroom@yahoo.com

### Top Hat Dance Studio

Hamilton and Fairfield -  
Peggy James (513) 896-4287  
ecurbsemaj@juno.com

**October 29**  
**Misc Hall Ball**

**Gert and Kirstie Roslender**  
**from Indianapolis**

Keep checking the website for Pro bios  
and dance information