



## April Dance

**April 9**

**Instructor: Terry Cavanaugh**

**DE: Jack Meinking**

**Lesson 8-9pm: Bolero**

**Greek Orthodox Church**

**Background:** My wife and I own a studio in Dayton, Ohio called Elegance In Dance. We are located near the Dayton Mall on Kingsridge Drive. I started teaching dance in 1980. I am certified through Gold Bar in American and International styles of dance as well as Theatre Arts. My wife and I competed in American Nine Dance Championships (Smooth & Rhythm) and Theatre Arts. We have competed all over the United States and Canada. As one of the fastest Rising Stars we placed Fourth in the American Nine Dance Championships, Finalist in the Canadian Open Rhythm Championships, American Star Ball, Harvest Moon Championships, Indiana Challenge, The Great Race, Nevada Star Ball and the Ohio Star Ball just name a few. We have appeared on ESPN, CESP, GTV and PBS Championship Ballroom Dancing. We were the principle dancers in Frank Reagan's American Dance Montage and have done tours in Japan and South America. We stopped competing on a full time basis when our son started school. But we still compete in Showdance competitions and in Theatre Arts. We now compete with our students around the nation and are very proud of all of them. However the thing I am most proud of is my wife Angie and son Michael.

### **How did you get started in Ballroom Dancing?**

When I was in high school my "friends" tossed me onto the dance floor. I felt embarrassed and insecure and that everyone was watching me make a fool out of myself. I vowed then to learn to dance. After graduating I joined a training class to become a teacher thinking I would stay around long enough to learn to dance then leave. Then I fell in love with dance and have been doing it ever since. I took a few years off to do other thing, but once a dancer always a dancer.

**What is YOUR favorite dance and why?** My favorite dance is usually the one I am dancing at

the time. I like all of the dances. Why make a choice? But if I had to choose it would be a toss up between the Cha Cha and the Bolero. The Cha Cha because it's just a fun dance and can be danced to a variety of music from disco, country, rock & roll to latin. The Bolero for the passion. I just like the story of it.

**What advice can you give to New dancers about Bolero?** The Bolero is a relatively new dance. Up until the 1970s it was an International Latin dance called Rumba/Bolero. Then it was split. The Rumba stayed in International and then Bolero became an American dance. The school figures are based upon the same patterns but the timing changed. The steps are easy to learn, however the styling and control take time to master. Newer dancers tend to rush the timing of the Bolero.

**What advice can you give to more experienced dancers about Bolero.** The Bolero styling has changed radically over the years. And so has the technique. It is still evolving as a dance. Staying current with the changes will give your dancing a fresh look.

**Describe the Bolero dance attitude and characteristics.** The Bolero is the most sensuous of all the dances. The only people that exist in the world are the two people dancing. The music evokes emotions from anyone that hears it. Long drawn out slows followed by lighting fast quicks give this dance a flavor all its own.

**Any other comments?** Just remember why you started dancing. This is where your love of dance comes from. Don't let anyone change that. Your goals change over the years but your feeling for dance stays the same.

## Important News this month:

**Two dances for April - 9th & 23rd**

**Location change for April 9th - Greek Orthodox Church**

**Website up and running - [dancecincinnati.org](http://dancecincinnati.org)**



(Mary is pictured with her husband Jay and her son Matthew)

# April Dance

April 23

Instructor: Mary Ramirez-Cook

DJ: Jack Yaus

Lesson 8-9pm: West Coast Swing  
 Evendale Recreational Center

**Background:** Started dancing at the age of 3: tap, ballet and jazz. Danced thru high school. Opened my own children's studio in 1997. Since have moved to Sharonville as A-Marika dance company - soon to be one of the largest ballrooms in the area offering ballroom group and private lessons as well as tap, ballet and jazz. We have open dances the first Friday of every month from 8:00-11:00 for \$10.00.

**How did you get started in Ballroom Dancing?** Started ballroom dancing 1985. Trained with the Fred Astaire dance studios, moved to Arthur Murray and then ventured on my own to enjoy the teaching of children.

**What is YOUR favorite dance and why?** My favorite dance actually is ballet. The beauty of the strength and muscle control of the human body is amazing. I find the waltz to be the dance most related to ballet. Ballet is the basis of all in my opinion.

**What advice can you give to New dancers about WCS?** West coast swing is a nice dance to do on the edge of a crowded dance floor.

**What advice can you give to more experienced dancers about WCS?** The west coast swing has many different styles and variation. Swing is one the dances that you can add your own style through personality. Fun is usually the result whenever you do swing.

**Describe the WCS Dance Attitude and characteristics?** The attitude is yours, make it unique. You see many different styles of west coast but the on characteristic is the dance is done on a slot. Staying on a slot adds sharpness and makes turns look crisper.

**Any other comments?** I love what dancing has given to me in my life. It is my mental escape and physical release in the stress of the real world.

## USABDA 2005 Dance Schedule

Date	Venue	Lesson	Instructor	DJ
Apr 9	GOC	Bolero	Terry Cavanaugh	Jack Meinking
Apr 23	ERC	WC Swing	Mary Ramirez-Cook	Jack Yaus
May 21	ERC	Rumba	Doreen Beatrice	Tony Rimkus
Jun 18	ERC	Waltz	Terry Cavanaugh	Jack Meinking
Jul 16	ERC	Tango	Staff, Always Ballroom	Terry Cavanaugh
Jul 30	ERC	Samba	Karen Turner - Arth.Murray	Jack Meinking
Aug 13	ERC	Samba	Tracy Kellum	Jack Yaus
Sep 17	ERC	EC Swing	Jeff Bill	Tony Rimkus
Oct 8	GOC	Lead/Follow	Larry May	Jack Meinking
Oct 29	CMH	No Lesson		Jack Meinking
Nov 12	ERC	Foxtrot	Piper Landis	John Bramhall
Dec 10	CMH	No Lesson		Jack Yaus

**ERC** - Evendale Recreation Center, 10500 Reading Road (just north of Glendale-Milford Road, 513-563-2247)  
 Group Lesson 8-9 PM, General Dancing 9-11:30 PM (Subject to change)  
 Admission: \$7 for members, \$10 for non-members, \$3 for full-time students and all persons under 21

**GOC** - Greek Orthodox Church, 7000 Winton Road (between North Bend Rd. and Galbraith Rd.) 513-591-0030  
 Schedule and admission prices - same as ERC

**CMH** - Cincinnati Music Hall, 1300 Central Parkway, Downtown Cincinnati  
 Doors open at 7 PM, General Dancing 8 PM - Midnight  
 Admission: \$20 for members, \$25 for non-members; \$5 late fee applies to both \$10 for full-time students and all persons under 21 (no late fee)

## Member Focus



by Joan Daniel



### Mary Anne Pedoto

Dive Goddess Video Productions

**How did you get started in dancing?** 1996 was my first attempt at dance; but it only happened because of my dear friend Darla McKay who insisted that some of her dance partners ask me to dance. Poor fellows, I didn't know the first thing about it (I hope they've forgiven her).

**What's your favorite dance?** Well, I love Swing and Cha-Cha, but Waltz is my favorite smooth dance.

**Tell me about your family.** I have a son 34 and a daughter 25. Oh, my, that son 34 is giving away MY age! That's about the extent of my "family" small but powerful.

**I've seen some of your fabulous underwater videos - how did you get involved in that line of work?** Lucky me, I have been retired from a "regular" job for 13 years. I am, however, a "one woman show" with *Dive Goddess Underwater Videos*, a hobby and passion that I've turned into a business.

**What do you like best about being a member of USABDA?** The dancing obviously, but the people and the diversity make an interesting mix. Lifelong and close friendships have been forged from the dance world, and that makes my small family a large one.

**Can you share something that our members may not know about you?** When I am absent from dancing for a while, it is not because I'm burned out, it is because I am somewhere on the other side of the earth scuba diving. The world of diving is indeed opposite of the sparkly dance clothes and shoes - wet hair, no makeup, and throw away clothes for a month at a time. I've traveled to some pretty remote areas to see my beloved underwater critters, my favorites being Papua New Guinea and Indonesia

(continued on page 3)



## Dive Goddess continued...

**Any other comments?** It's great to be able to dance!

**Editor's note:** Sometimes the editor has to take license and give comment. Mary Anne has been much too low key and modest about her activities. I have known her for many years in the Scuba world. She is a PADI Dive instructor (no easy feat) and a first class volunteer for any scuba activity I have organized. I remember a woman that had to be taught to turn on her computer and coerced into writing an article for our Scuba newsletter. Years later, her wit and humor continues to keep me in stitches as I read her dive travel and advice columns. I marvel at her progress and the hours she spends on video editing. She travels the world on her own - an adventuress for sure...

Mary Anne's underwater videos have placed in numerous national photo competitions. Her knowledge of the underwater species, her narration and well thought out story lines make her videos a must see! She is truly the quintessential **DIVE GODDESS!**  
....Susan Cappa, editor

# You Could Be Dancin'

by Vicki Kluener Matthews



## Spring Dance at Music Hall

Fabulous," "Incredible," "Unbelievable," "Phenomenal," these are just a few of the accolades that were used to describe the performance of Brian Jolly and Kristina as they captured the undivided attention and envy of over 500 attendees of the USABDA Spring Ball held in the Music Hall Ballroom on March 19<sup>th</sup>. Never before have I witnessed such grace, charm, beauty, passion, timing, rhythm and physical agility displayed in the form of dance. As I intentionally panned the audience for facial expressions, attentiveness, reaction and body language, it was apparent that the spectators were in awe of what they were witnessing. Kristina could moonlight as a contortionist! Her flexibility, combined with technique, skillfully executed movements, and graceful adaptation of the music enhanced Bryan's soulful style and fervor. It was a much talked about performance for the remainder of the evening.

As the heading of this column indicates, not only do dancers attend this highly anticipated evening for the entertainment

portion, but they also come to dance. And dance they did! What better place to be swept away by the ambiance alone. The beautiful Music Hall Ballroom provides the perfect backdrop for any Cinderella or Prince Charming want-to-be. With many participants decked to the hilt in stylish fashions, tuxedos and formal gowns, even those not on the dance floor were able to experience the enchantment of a fairytale ball as dancers of every skill level glided by.

Most importantly, as with all USABDA events, this dance provided an opportunity to rekindle old friendships, make new acquaintances, and reinforce the value of "connection" – both on the floor and off. Speaking of which, Scott Peterson, the USABDA Webmaster, kindly introduced several dedicated members of the board who have been working diligently to bring the newsletter in line with the times. Your dance connection can now be facilitated by logging on to [www.dancecincinnati.org](http://www.dancecincinnati.org). A special thank you went out to Susan Cappa, Kevin Kock, and Karen Schulte for their efforts in this area.



## USABDA Family Album

You identify the little girl dancing with her brother in the picture below. Go to the website under My DanceCincinnati to the family album and find out the mystery ballroom dancer in the making.



Email your pictures to [www.newslettereditor@dancecincinnati.org](mailto:www.newslettereditor@dancecincinnati.org) with a caption identifying yourself.



Read all You Could Be Dancin' articles on [dancecincinnati.org](http://dancecincinnati.org)

## 2005 Board Members

President: Pamela Neveu  
Vice President: Pat Hoffman  
Secretary: Barb Alvarez  
Treasurer: Karen Schulte  
Outreach Chair: Vicki Begley  
YCN Coordinator: Gary Neiheisel  
Newsletter Editor: Susan Cappa  
Webmaster: Scott Peterson  
Telephone Coordinator: Calvin Pauley

Admissions Chair: Kevin Kock  
Ticket Chair: Marcia Nugent -McKenna  
Hospitality Chair: David Slaughter,  
Refreshments and Decorations Chair:  
Registrar: Bob Peare  
Scheduling Chair: Vivian Cosio  
Event Photographer: Tony Hou  
Promotions Chair: Susan Hoffheimer

### Want to Communicate to the Board?

All comments and suggestions are welcome by the DanceCincinnati board. You can reach us on [www.dancecincinnati.org](http://www.dancecincinnati.org) and then going to the My DanceCincinnati link. All of the board members and their bios are listed along with an email address for your comments. Want to VOLUNTEER - we need your help. Just contact us or talk to us at a dance - help is always needed.

### Newsletter Staff

Susan Cappa, Sherry Borchelt, Vicki Kluener-Mathews, Gary Neiheisel, Joan Daniel, Carl Bixel, Debbi Kern, Christy Bacon

### Next Board Meeting

Wednesday, April 6, 7pm at Scott Peterson's house. You can email him at [webmaster@dancecincinnati.org](mailto:webmaster@dancecincinnati.org) All members are welcome to attend



### USABDA

P.O. Box 141345  
Cincinnati, OH 45250-1345  
Information Line: 513-961-0136  
[www.dancecincinnati.org](http://www.dancecincinnati.org)

Change Service Requested



## In This Issue...

<b>April 9th Dance .....</b>	<b>1</b>
<b>April 23rd Dance .....</b>	<b>2</b>
<b>Member Focus.....</b>	<b>2</b>
<b>2005 Schedule .....</b>	<b>2</b>
<b>You Could Be Dancin' .....</b>	<b>3</b>
<b>Family Album .....</b>	<b>3</b>
<b>Comp-Spot.....</b>	<b>I-1</b>
<b>Dancin' Round Town.....</b>	<b>I-2</b>
<b>Dayton Dancin' .....</b>	<b>I-2</b>
<b>Local Studios .....</b>	<b>I-2</b>

Information and items of interest are welcome. In order to be considered for inclusion in the newsletters send requests by email to:  
[newslettereditor@dancecincinnati.org](mailto:newslettereditor@dancecincinnati.org).

**Two Dances in April - 9th & 23rd**

## “Selling It - The Character of the Dance”

Ballroom competition is similar to being on stage in a theater play – there’s a live audience, much preparation and rehearsing occurs prior to opening night, and when you get on the dance floor stage fright can occur! And, like any good actor, making the character of the dance come alive will captivate the audience and judges.

Imagine that you are a judge. Your job includes travel almost every weekend to adjudicate competitions. You see all dance levels from beginners to professionals. What captures your attention are those competitors who entertain, who express the character of the dance with charisma. A few folks have a natural ability to light up the floor spontaneously. They feel the musicality and it flows into their interpretation of the dance. However, most of us get so engrossed in trying to remember our routine and perform it technically correct that true character building gets lost.

So how do you build “character”? First, here’s a short list of characteristics and expressions to be aware of and integrate into your practice time in a natural way:

➤ **Overall smile!** Look like you are enjoying yourself in all dances (except maybe in rumba and tango where “fun” is not the message).

➤ **Swing/Jive** – Big smiles, look like you are having the most fun you have ever had in your entire life.

➤ **Cha-Cha & Samba** – Sensual & Flirtatious. Partners should be teasing each other. Game of now you have me, now you don’t!

➤ **Rumba** – Steamy and romantic. Gaze deep into each other’s eyes. Show the desire!

➤ **Paso Doble** – Dramatic poses characterizes this Spanish dance where the man represents the matador in a bullfight, and the woman is the cape.

➤ **Waltz & Viennese Waltz** – Elegant and graceful. Float across the floor angelically.

➤ **Foxtrot** – Smile and look pleased. Get a nice, relaxed, no problem look about yourself and feel the music. Look like you are taking a leisurely Sunday stroll in the park.

➤ **Tango** – Serious and dramatic. A dance of passion with an attitude of yes – no – maybe!

➤ **Quickstep** – Very lively dance displaying happiness, fun and speed.

Another approach to building character is to rehearse your routine on your own and with your partner to the point of knowing all the steps, count, and technique sufficiently enough to allow you to be more spontaneous building the character of the dance. During these practice sessions start incorporating the various characteristics so it becomes a natural part of the dance. This way by the time you get to the competition selling the character will come more naturally. Remember, the competitive dance floor is filled with other couples who may and probably will alter how your routine gets danced. Your ability to keep selling the character of the dance as you move in and out of a routine is what makes a strong competitor and captures the attention of the judges! After all, they don’t know what your routine is anyway. However, they sure know when your character fizzles by the expression on your face!

Strong competitors understand from the second they set foot on the dance floor, they are “on stage.” This includes walking on, waiting for the music, taking a bow, and walking off the floor. A former U.S. Professional Latin Champion who is now a judge told me “you have to walk on the floor like you want and believe you will win. A confident attitude invites the judges to watch you even before the music starts!” Next month - more on what judges look for.

So before each dance heat, take a moment to get in touch with the character of the dance you are about to perform. Breathe deeply, find your inner connection and transform it to your outer expression. Your moment to be “on stage” has arrived....lights, camera, action —

### “It’s Show Time!”

*Editor’s note:* You can find all of Sherry’s *Comp-Spot* articles on the competition page of the website.

## October Music Hall Performers Announced

### Gert and Kirstie Roslender from Indianapolis

Keep checking the website for Pro bios and dance information.

### Ball Gown Cleaning

Heirloomed Memories  
12850 N.E. Hwy. 27, ALT  
Willistown, Florida 32696  
Phone:1-800-822-6911

### Artist Needed

The newsletter editor is looking for an artist to create simple line drawings for the newsletter and website. The good news is you don’t have to come up with the ideas, just help out the editor who cannot even accomplish a stick figure! Email the editor at [newslettereditor@dancecincinnati.org](mailto:newslettereditor@dancecincinnati.org) if you can help her out. Wish I could offer you the big bucks but this is one of those volunteer, I enjoy helping the club positions.

### Announcing

### DanceCincinnati.org

The new website is up and running. Our web committee has put in LOTS of time to get important information to the members.

#### Here is a list of items to checkout

- Next Dance information complete with Instructor Interview
- Next Music Hall information
- Downloadable newsletter in color
- Competition pictures of members
- Schedule for the year
- Where to go Dance in Cincinnati
- Board Member Bios
- Archives of *Comp-Spot*
- Archives of *You Could Be Dancin’*

#### Future plans....

- Exhibition (DanceFest and DanceFair) pictures of members
- Family Album
- Social dance etiquette
- Links to dance related sites
- Dance instruction (studios and teachers)
- Lists of competitions
- *Member Focus* Archives
- *Dancin’ Round Town* Archives

## Dancin'

## Round Town

by the Discerning Dancer - Gary Neiheisel

The nightclub days of the early 60's dominate the atmosphere of Jim & Jack's On The River. Located in a white frame building resembling a big old house, it is located at 3456 River Road (route 50) overlooking the Ohio River. This is a few miles west of downtown Cincinnati in the section known as Riverside. There is adequate parking around the building and additional parking on a number of side streets. Jim & Jack's has been a dance club for the last 18 years with emphasis on live bands on Friday and Saturday nights. These are top local bands such as The Avenues, Richie and the Students, Blue Stone Ivory, Leroy Ellington, and others. The bands provide very danceable music with emphasis on east and west coast swing and cha cha. There is a large 1300 square foot dance floor that is well maintained. The cover charge is \$3. Smoking is allowed but there are numerous overhead fans that dissipate the smoke so that it is not overpowering. It should also be noted that the music is generally played very loud.

The Cincinnati Bop Club meets at Jim & Jack's on Tuesday evenings. This is a group that enjoys swing dancing and that had met on Tuesday nights at Autto's/Cadillac Ranch (now called Quake) up until about 1999 when they moved their weekly dances to Jim & Jack's.

On the 2<sup>nd</sup> and 4<sup>th</sup> Sundays of the month, there is ballroom dancing to the Lee's Junction big band orchestra from 7-10PM. There is no cover charge on these occasions. On the 1<sup>st</sup> Sunday of the month there is a live Elvis impersonator show with a \$5 cover charge. On the 3<sup>rd</sup> Sunday of each month there is dancing to music provided by the Cincinnati Oldies Doo Wop Association (C.O.D.A.). For those of you who may not be familiar with Doo Wop, this is a type of vocal harmonizing music that

*This month*  
**Jim and Jack's  
On the River**

“blended pop's melodicism and lyricism with the emotional directness of gospel and R&B”. It was popular in the late 1950's and early '60's. The song “Earth Angel” by the Penguins is an example of one of the most popular Doo Wop recordings. There is also line dancing every Thursday night.

For those interested in a bit of food along with their dancing experience, Jim & Jack's is also an inexpensive restaurant with entrees that range in price from \$11 to \$16. The normal restaurant hours are 5-9PM, but there is a late night menu on Friday and Saturday nights providing food until 1AM. The cod fish sandwich is a particularly tasty selection. A full compliment of alcoholic beverages is also available.

There is a monthly event calendar on the website at [www.jimandjacks.net](http://www.jimandjacks.net), or you can call 513-251-7977 for more information.

Overall Rating (scale 1-5): 

## Dayton Dancing

### Arbor Hall

2150 Arbor Blvd. Dayton, OH.  
Ballroom Dancing 8:00PM - 11:00PM.  
\$10 per person.

### 76 Dance Club.

May 7th, June 4th

### Dancetonian Dance Club

April 9, May 14, June 11th

### Swing-N-Sway Dance Club.

April 23, May 28, June 25th



### DanceFair

Dancetonians Dance Club's 33<sup>rd</sup> annual Dance Fair will be held on May 14 at Hara Arena's Silver Ballroom in Dayton, OH. Tickets are \$45 per person, advance sale only, nonrefundable. The cost includes dinner, exhibitions, and general dancing. We had a superb lineup of exhibitions last year, with many professional routines. We also had over four hours of general dancing. For information or tickets, contact Rick Courtney at (937)372-5463 or Linda Shapiro at (937)832-1086.

## Local Studios

### A-Mrika

Sharonville - Mary Ramirez-Cook 769-0409

### Always Ballroom

Elizabeth Apesos - 937-256-2626  
alwaysballroom@aol.com  
[www.alwaysballroom.com](http://www.alwaysballroom.com)

### Bernice DuBro Dance

East Dayton - Bernice DuBro  
(937) 435-9099 or 254-6442  
artmay@aol.com calsn.net/bdance

### Brockert Dance Studio

Bonita Brockert - (513) 851-8101  
geneb@one.net

### Copacabanna

Fairfield, Cinti Mills  
[www.Copacabanna.com](http://www.Copacabanna.com) 513-719-7200

### Danse Royale Ballroom

West Chester  
Veronica Rocco (Homme) (513) 779-0500  
DanseRoyaleBallroom@fuse.net  
[www.danseroyaleballroom.com](http://www.danseroyaleballroom.com)

### Dance Club

Withamsville - Jeff Bill 753-5265

### Elegance In Dance

Miamisburg  
Terry & Angie Cavanaugh (93) 885-0108  
acavanaugh@earthlink.net

### Larry May Dance Studio

Dayton/Cincinnati  
Larry May 937-219-4612

### Mahogany Hall

Evendale  
Nancy Farrell (513) 769-3262  
nancysbk@fuse.net

### Rhythm in Motion

Tracy Kellum (513) 688-1662

### Step-N-Out

Covington- Doreen Beatrice  
stepnoutstudio.com

### The Best of Ballroom

Blue Ash- Piper Landis (513) 984-6222  
thebestofballroom@yahoo.com

### Top Hat Dance Studio

Hamilton and Fairfield - Peggy James (513)  
896-4287 - ecurbsemaj@juno.com

### Wissel Dance Studio

Lebanon - Dave Wissel (513) 932-3349